WASHINGTON LOCATIONS

KIRKLAND

124 Lake Street South Kirkland, WA 98033 (425) 827-9727 - fax (425) 827-1351

U-VILLAGE

2750 NE University Village Seattle, WA 98105 (206) 522-7873 – Jax (206) 522-5181

COLUMBIA CENTER

701 5th Avenue #109 Seattle, WA 98104 (206) 340-0810 - Fax (206) 340-1253

OUEEN ANNE

528 Queen Anne Avenue North Seattle, WA 98109 (206) 286-9727 - Fax (206) 285-6244

GREENLANE

7900 East Greenlake Drive North Seattle, WA 98103 (206) 524-9727 - fax (206) 524-1644

WESTLAKE LTD.

400 Pine Street #346 Seattle, WA 98101 (206) 628-6868 or 628-6248 Tax (206) 621-7446

TWO UNION LTD.

601 Union Street #722 Seattle, WA 98101 (206) 628-9601 - fax (206) 341-9084

RΕ

222 Yale Ave. N. Seattle, WA 98109 (206) 233-0222 - Fax (206) 233-9728



FIRST HILL LTD.

1109 Madison Seattle, WA 98104 (206) 467-9744 – fax (206) 624-3337

BELLEVUE SQUARE WORLD WRAPPS

228 Bellevue Square, Suite 228 Bellevue, Washington 98004 (425) 635-0103 - Fax (425) 635-9490

CALIFORNIA LOCATIONS

CORTE MADERA

208 Corte Madera Town Center Corte Madera, CA 94925 (415) 927-3663 - fax (415) 927-3569

BURLINGAME

1318 Burlingame Avenue Burlingame, CA 94010 (650) 342-9771 - fax (650) 342-9731

MERCADO

3125 Mission College Blvd. Santa Clara, CA 95054 (408) 486-9727 - fax (408) 486-9724

PALO ALTO

201 University Avenue Palo Alto, (A 94301 (650) 327-9771 - fax (650) 327-8679

CHURCH & MARKET

2012 Market Street San Francisco, (A 94114 (415) 487-7300 - Fax (415) 487-7320

WORLD WRAPPS CORPORATE SUPPORT CENTER

401 Second Avenue South Suite 150 Seattle, WA 98104 Ph. (206) 233–9727 Fax (206) 233–0539 www.worldwrapps.com



WORLD WRAPPS.



Wrapps



Bowls



Bentos



Smoothies

Feb. 2004

CHICKEN



Teriyaki

Sautéed savory vegetables and our teriyaki sauce with grilled chicken, Jasmine rice and toasted sesame seeds in a flour tortilla

Thai Chicken

Grilled chicken with our Thai peanut sauce, Jasmine rice, ginger slaw, cucumbers, scallions and toasted sesame seeds in a spinach tortilla

Chicken Caesar

Romaine lettuce and grilled chicken tossed in our balsamic Caesar dressing with grated Parmeson cheese and crunchy garlic croutons in a flour tortilla

Texas Roadhouse BBQ

Our smoky and spicy BBQ sauce with grilled chicken, mashed potatoes, crisp slaw and fresh tomato corn salsa in a tomato tortilla

Bombay Curry

Curried potatoes, carrots and onions with chick peas, Jasmine rice, grilled chicken and our tangy mango-tamarind chutney in a tomato tortilla

Mexican Grill

Grilled marinated chicken, Spanish rice, black beans, fresh tomato corn salsa, sliced avocado, jack cheese and fat free sour cream in a flour tortilla

Chicken Parmesan

Creamy warm polenta, portabello mushrooms, grated Parmesan cheese, marinara and chicken with baby spinach and fresh basil in a tomato tortilla

Small Wrapp 4.50 - Regular Wrapp 5.50 - Bowl 5.75

VEGGIE



Tofu & Mushroom Teriyaki

Soy glazed tofu and our teriyaki sauce with sautéed mushrooms, broccoli, asparagus, red bell peppers, carrots and Bermuda onions, Jasmine rice and toasted sesame seeds in a flour tortilla



Baja

Tofu & Mushroom Teriyaki

Sautéed garden vegetables, fat free black beans,

Spanish rice, our fresh tomato com salsa, sliced avocado, jack cheese
and fat free sour cream in a flour tortilla

Bean & Cheese

Fat free black beans, Spanish rice, melted jack cheese, our tomato corn salsa, avocado and fat free sour cream in a flour tortilla

Portabello Mushroom & Goat Cheese

Creamy polenta and portabello mushrooms with our marinara sauce, warm quat cheese, baby spinach, and fresh basil in a tomato tortilla

Bombay Curry

Curried potatoes, carrots and onions with chick peas, Jasmine rice, and our tangy mango-tamarind chutney in a tomato tortilla

Small Wrapp 4.25 - Regular Wrapp 5.25 - Bowl 5.50



All kids meals come with a kid sized fountain drink, juice or milk, and a small bag of red tortilla chips.

Add a kid's smoothie instead of a drink for only \$1.50 more

Bean & Cheese Ovesadilla Chicken & Cheese Teriyaki Chicken

Kids Meal (Wrapp or Bowl) 3.95

SEAFOOD



Barcelona

Black Tiger shrimp, spicy sausage, and grilled chicken braised in our saffron tomato sauce with Spanish rice, baby spinach and fresh basil in a tomato tortilla

Caribbean Sole

Grilled sole with spicy Caribbean Jerk seasoning, sliced avocado, our cool mango salsa, ginger slaw and Jasmine rice in a spinach tortilla

Northwest Lemon Dill Salmon

Fresh salmon, broccoli, red bell peppers, asparagus and other fresh veggies with mashed potatoes, our lemon-butter sauce and fresh dill in a spinach tortilla



Caribbean Sole Wrapp

Samurai Salmon

Salmon, avocado, daikon sprouts, nori, cucumbers, scallions and Jasmine rice with our soy-wasabi vinaigrette and toasted sesame seeds in a spinach tortilla

Spicy Southwest Shrimp

Black Tiger shrimp sautéed with fat free black beans, scallions, fat free sour cream, Spanish rice and our spicy tomato corn salsa in a tomato tortilla

Tequila Lime Shrimp

Sautéed Black Tiger shrimp and our tangy tequila lime sauce with sliced avocado, Spanish rice and crisp julienne vegetables in a tomato tortilla

Small Wrapp 5.00 - Regular Wrapp 6.50 - Bowl 6.75

Texas Roadhouse BBO

Our smoky and spicy BBQ sauce with sirloin steak, mashed potatoes, crisp slaw, and fresh tomato corn salsa in a tomato tortilla

Teriyaki

Sautéed savory vegetables and our teriyaki sauce with sirloin steak, Jasmine rice and toasted sesame seeds in a flour tortilla

Mexican Grill

Grilled marinated sirloin steak, Spanish rice, black beans, fresh tomato com salsa, sliced avocado, jack cheese and fat free sour cream in a flour tortilla

Small Wrapp 4.75 - Regular Wrapp 6.25 - Bowl 6.50

Please note: Steak items are not available in World Wrapps Limited (LTD) Stores

BENTO

Fach Bento Box meal is served with an Asian salad, chicken potstickers, Szechwan snow peas, and a small wrapp or bowl

Choose from:

Thai Chicken

Grilled chicken with our Thai peanut sauce, Jasmine rice, ginger slaw, cucumbers, scallions and toasted sesame seeds

Terivaki Chicken (or) Tofu

Grilled chicken (or) tofu and our teriyaki sauce with sautéed savory vegetables, Jasmine rice and toasted sesame seeds



Teriyaki Chicken Bento Wrapp

· Bento 6.95 ·

SIDES



Tortilla Soup

Topped with Monterey jack cheese, fat free sour cream and red tortilla chips

Cup 2.95 - Bowl - 3.95

Thai Lemongrass Soup Chicken, coconut milk and mild Thai spices

Cup 2.95 - Bowl 3.95

Chips and Salsa

1.75

Asian Salad
Chicken Potstickers

2.25 Three 1.95 - Six 3.85

Side Caesar Salad

775

Signature Sauces

50



BEVERAGES

| Soft Drinks | 135 |
|-----------------------------------|------|
| Bottled Water Sparkling or Spring | 1.50 |
| Iced Tea Brewed Paradise Tea | 1.35 |

Juice



1.95/2.95

SMOOTHIES

WORLD WRAPPS SMOOTHIES ARG 99% FAT FREE

(unfortunately, this does not include the Peanut Butter Banana)

Strawberry Orange Banana

Strawberries blended with banana, orange juice, apple juice and orange sherbet

Black & Blue

Blackberries and Blueberries blended with banana, apple juice, and raspberry sorbet

Caribbean "C"

2500% RDA of vitamin C with orange juice, mango, banana and orange sherber

Peanut Butter Banana

A smooth blend of peanut butter, banana, low-fat milk and nonfat vanilla frozen yogurt

Tropical Storm

A blend of tropical juices combined with mango, banana, coconut and nonfat vanilla frozen yogurt

Blue Mango Boost

Mango, blueberries, banana, raspberry sorbet and World Boost with a blend of tropical luikes



Strawberry Orange Banana

Triathlete

Strawberries, banana, orange juice, apple juice and orange sherbet blended with protein powder, wheat bran, oat bran and wheat germ

Georgia Peach

Peaches blended with banana, peach nectar and mango sorbet

Free Boost with

Boosts World Boost

Amino Acids, enzymes, vitamins and minerals

Protein Powder

Low-fat, mineral rich and soy based

Power Mix

Wheat bran, oat bran, wheat germ and protein powder

Vitamin (

2500% of RDA

16oz. 2.95 - 24 oz. 3.95